Acceleration Training: The New painless path to health, wellness & performance

This technology and science is not only supported by research-based evidence, but a wealth of global practice-based evidence, which now has Acceleration Training at the core of applied health practices in sports medicine, physical therapy, chiropractic care, athletic training, beauty and wellness worldwide.

ACCELERATION TRAINING PROVIDES THE FOLLOWING ADVANTAGES:

- HORMONAL BALANCING EFFECT
- IMPROVED IMMUNE FUNCTION
- INCREASE IN BONE MINERAL DENSITY
- EFFECT ON HUMAN PERFORMANCE
- INCREASE IN METABOLISM

Australian Aesthetic Journal Autumn 2007