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 Environmental pollution, a busy lifestyle and poor dietary choices can contribute to stress and strain on the liver. The start of a new season is a great time to give your body an overhaul. Formulated with milk thistle and a unique blend of antioxidants, USANA HepaPlus™ liver tonic supplement supports healthy liver function and the body's normal detoxification process.
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http://www.beautyheaven.com.au/cb_catalog/brands/244/brand_view/categoryid=303/product=4967

Weird and wonderful



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7. Power-Plate My 5, \$9000

It looks like a treadmill and is wigglier than a wobbleboard, but the Power-Plate is actually a fitness and wellness device that harnesses vibration technology. Working out on this machine by holding various positions for 15 minutes, three times a week is said to help you improve flexibility, reduce the appearance of cellulite and increase bone density. Catch the vibe?

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8. Environ Cosmetic Roll CIT, \$104

This unique gadget features 'micro-needles' which painlessly (so they say) punctures the horny layer of the epidermis, allowing for improved penetration of vitamins and increasing the effectiveness of skincare products. But wait – there's more. It can also restore skin tightness in the early stages of ageing, speed up the reduction of pigmented marks and soften scars.

9. Australis Nail Polish Remover Pot, \$6.95

This little gem is so much more than just a pot with pink bristles inside, it's the answer to all your nail polish removing dreams (or should that be nightmares). Pop your finger inside, give it a few twists and voila! Polish-free nails in a jiffy.

10. Oral B Hummingbird Starter Kit, \$12.99

There are power toothbrushes so why not a power flosser? The Hummingbird, as its name suggests, vibrates gently, allowing floss to get in between your teeth easier to remove food and plaque. It also comes with a mint-flavoured dental pick.

11. Tweezerman Corner Eyelash Curler, \$39.50

This eyelash curler looks suspiciously like a pair of tweezers but, believe it or not, it actually gives your lashes a beautiful, long-lasting curl. It's designed to let you control exactly where you want the curl so you can tweak them according to your make-up look. And it's deceptively simple to use – just place it over your lashes and squeeze.

12. Starbeam 6 in 1 Beauty Centre, \$29.95

What on earth is a beauty centre? I hear you ask. Well it's everything you need to be looking gorgeous in no time. It features nine attachments to firm, shape and polish nails; three facial attachments to cleanse, tone and massage the skin; a heated eyelash curler; a two blade trimmer and an eyebrow groomer. That's your beauty routine sorted.

- Claire Nance