

the Adelaide* magazine

madam oucht! Inside the world of the city's top 24/7 dominatrix

two men and a visionary: restoring mountadam vineyard

one for the road our bon vivant's guide to touring the barossa

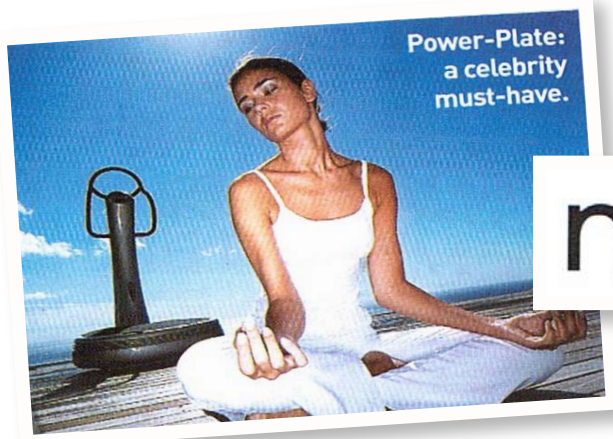
new city hub the inside scoop on what's happening in wayoutmouth street

culture shock
special report: meet our city's newest residents



ultra luxe
Get the movie star pamper treatment with these toys...
Devorja Skin Cream...
Power-Plate...
now fitness
Want a body like Elle McPherson or Claudia Schiffer? Perhaps a butt like Kylie? Try their new favourite workout, Power-Plate. The machine vibrates as you hold an extended squat, causing your muscles to contract involuntarily, getting you super-toned in half the time. "It is a great invention and a convenient, time-efficient work-out," raves devotee Kylie Minogue. Prices start at \$6000 for the basic model. Call 1800 633 009.

3 OF THE BEST QUIRKY INVENTIONS
ODDIES EVERYONE NEEDS IN THEIR HANDS
POURABLE SOAP...
COUTURE DEODORANT...
HAIR OCTOPUS...
Why is Power-Plate so hot?
How do you relax when in Adelaide?



now  fitness

Want a body like Elle McPherson or Claudia Schiffer? Perhaps a butt like Kylie? Try their new favourite workout, Power-Plate. The machine vibrates as you hold an extended squat, causing your muscles to contract involuntarily, getting you super-toned in half the time. "It is a great invention and a convenient, time-efficient work-out," raves devotee Kylie Minogue. Prices start at \$6000 for the basic model. Call 1800 633 009.